

Survey on the Nutrition Labeling of Domestic Pre-packed Food in Hangzhou

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Objective. To survey the prevalence of the nutrition labeling of prepackaged food in the supermarket in Hangzhou.

Methods. We copy out the nutrition facts label, nutrition claims and nutrient function claim of prepackaged food in a supermarket with prepared questionnaire and finish normative judgment.

Results. 5 390 kinds of domestic prepackaged food were investigated. The prepackaged food which labeled respectively with nutrition facts label, nutrition claims and nutrient function claim were 1 407 (26.1%), 653 (12.1%) and 94 (1.7%). The nutrition facts label which labeled energy, protein, fat, carbohydrate and sodium was 605 (43.2%), only 557 (39.7%) of which labeled reference value proportion. 7 (7.2%) kinds of prepackaged food had a nutrient function claim that hinted or expressed the role of treating some illness.

Conclusions. The prevalence of the prepackaged food which was appropriately labeled with nutrition labeling was low. Therefore, the administration of nutrition labeling need to be strengthened to build a healthy nutrition environment for the population

Key Words: Nutrition; Food Labeling; Data Collection